



Tulpehocken Chapter  
Trout Unlimited, Inc.



*"To Conserve, Protect, and Enhance the  
Quality and Quantity of the Cold Water  
Resources of Berks County, Pennsylvania"*

Volume 19– Issue 3 Autumn 2013

# TullyGram

[www.TullyTU.org](http://www.TullyTU.org)

*The Newsletter of the  
Tulpehocken Chapter  
of Trout Unlimited*

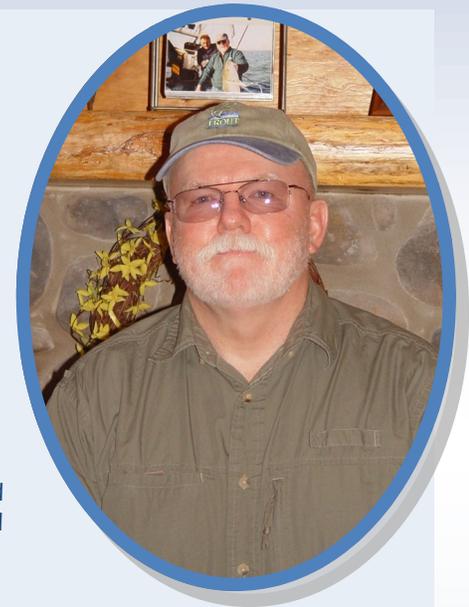
## Tully Talk by Bill Eggleston

Good Day,  
To the Members of TCTU #150,

As 2013 is winding down, I would like to take this opportunity to say 'Thank You' to all of you who supported me as Chapter President. My one year term, which rolled into a two term, will be coming to a close at the end of 2013. I have the fullest confidence that the new President and the Board of directors will continue to move the chapter forward.

Our Chapter has done a number of things this year.

- In March we had a booth at the Lancaster Fly Fishing show, supported a Trout Stocking on the Tully and held a Membership meeting at Robeson ES so that our members could see a Trout in the Classroom program up close. Additionally we increased the number of schools in the TIC program to six this year, by adding Gov Mifflin and Reading High Schools, to this outstanding program this year.
- In April we held our annual Fly Tying Class for Beginners, Tully Stream Cleanup and for the first time in a number of years, our Fundraising Banquet. We also sponsored two youths to the Wayne's Coldwater Kids event on Spruce Creek.
- In May we supported Conrad Weiser MS and Robeson ES's for their Trout in the Classroom release day event. Releasing their Brook Trout fingerlings into a local stream. We also continued our Breakfast on the Tully event, which is held at the Tully House once a month from May thru September.
- In June we sponsored a student to the PA Rivers and Fly Fishing Youth Camp. Typically we also sponsor a student to the Don Hartman Conservation Leadership School. Unfortunately that school was cancelled this year, but we plan to continue supporting this school when it resumes next year. We also surveyed Hay Creek as a future stream restoration project.
- In July several members went to the PATU Regional Leadership Training.
- In August we held a Teach a Kid to Fish event with children from the Opportunity House in Reading.
- In September we participated in the PATU Fall Meeting.
- In October we supported a fall trout stocking and some of our members will be attending the Coldwater Conservation Corp (CCC) conference in Wellsboro. The CCC conference is a Training/Barbeque for the members who monitor our local streams every 2 weeks.
- In November we will do stream restoration work on a local stream.



As I said it was a busy year and I would like to thank everyone who helped make these events possible.

I would like to ask if there is anything we are doing, that we can do differently. For example we are trying to offer programs at our membership meetings that we think are of interest to the membership.

Recently we had a membership meeting and our speaker, a TU National representative, gave a presentation on the Marcellus Shale Industry and the impacts on hunting and fishing opportunities. I realize that the well drilling and access road construction will not be in our home area, but there are plans to run a pipeline thru the county.

*Continued on page 4*

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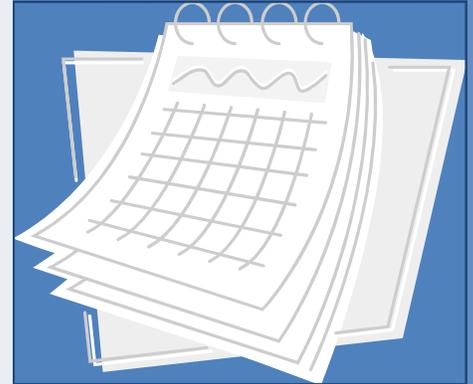
**WWW.TULLYTU.ORG**



## Upcoming Events

Member Meetings held every 4th Wednesday

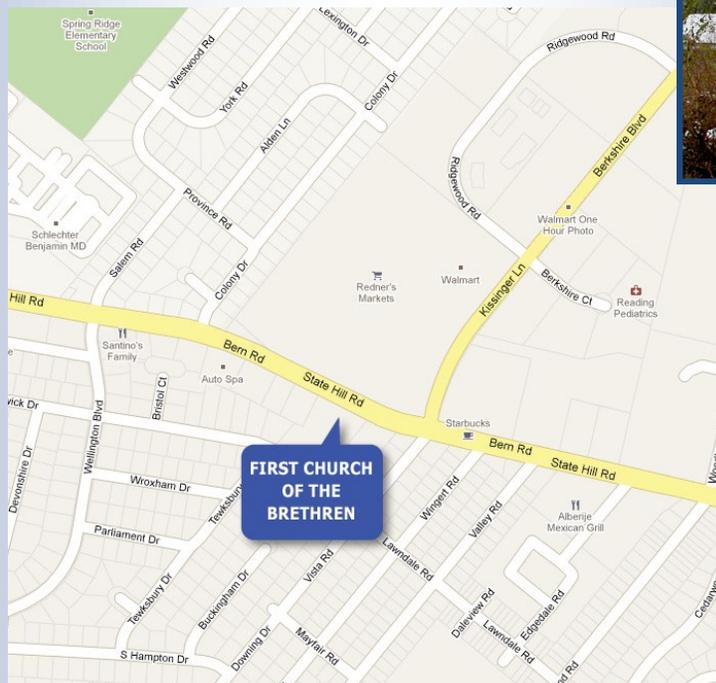
We will soon be updating you all with days and time of upcoming events for the remainder of 2013 and into 2014.



Please check <http://www.tullytu.org/events.lasso> for an updated 2013 calendar of events.

**UNLESS NOTED EVENTS ARE HELD AT THE FIRST CHURCH OF THE BRETHERN**

2200 State Hill Road, Reading, PA 19610-1904



### DIRECTIONS TO THE TULLY HOUSE:

Take the Bypass (Route 422/222) going West from Reading. Exit on Broadcasting Road. Go North on Broadcasting Road (follow the signs to Penn State, Berks Campus). At the bottom of the hill turn right onto Tulpehocken Road. Turn left to enter Grings Mill Recreation Area (across the street from Penn State). Make the first right toward the tennis courts. Go to the end of the parking lot and down the gravel road to the house. If the park is closed, enter at the secondary gate, just South of the main entrance. Please be prompt. The gate will be open 15 minutes prior to and 5 minutes after the

# Gloria's Korner



I have some notes from one of my cook books that I would like to share with you - The writings are from my section - FISH - OUR GIFT FROM THE WATERS.

Since man walked on this earth he has been fishing the streams and waterways, and reaping its bountiful harvest to feed himself and his family.

Fishing is a sport that allows man to harvest his own food. The ideal fish are the fish we can catch ourselves. They are fresh from the water and if cleaned and dressed by the angler, the fish will remain fresh and delectable when prepared for the table.

When fishing the streams a wicker creel is most acceptable, because it allows free air circulation. A good rule is to separate the fish with layers of grass or ferns as the terrain may permit. Also, on warm days, do not keep the fish in a creel more than 4 hours.

Trout is one of the best fish for catching and eating. It is low in fat, usually because it feeds mostly on insects and therefore is a nice lean fish. The fish oil is high in polyunsaturated fatty acid and has low cholesterol content. I favor the trout as it is one of the freshest tasting food fish.

When my husband Elliott and I were able to catch fish from the local streams, I prepared the trout fried, the old fashioned way. I would dredge the cleaned fish in flour, salt and pepper and also add paprika and fry the trout in a hot skillet with real butter. I must admit - I prepare trout many ways, but my favorite and easy preparation has always been pan fried. Here is a recipe that gives trout a "dress up" and a delightfully tasty treat and I hope you will enjoy preparing this trout recipe.

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## Grilled Trout with Vinaigrette Barbecue Sauce

### Ingredients:

2 cleaned and boned Butter flied Trout  
1/2 stick + unsalted butter  
1 Tbsp. olive oil  
1/2 cup minced shallots  
2 Tbsp. White Balsamic Vinegar  
1 Tbsp. drained capers  
1 tsp. chopped Rosemary (fresh is best)  
Salt and pepper to taste

**In a small skillet over medium heat, cook the butter until light brown, stirring often. (Approximately 3 to 4 minutes)**

**Remove from heat.**

**Mix in the minced shallots, vinegar, capers and rosemary. (Season to taste with salt and pepper.)**

**Return to heat for a minute or two to reduce the shallots.**

**Brush vinaigrette over the flesh side of trout, sprinkle with salt and pepper.**

**Grill trout flesh side down - about 2 minutes each side.**

**While trout is grilling - rewarm the vinaigrette to pour over the trout when served.**

**NOTE: I like to serve sweet red peppers that have been grilled or fried and seasoned to taste; also we enjoy our favorite baked bean casserole with the Bar B Q trout.**

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(Print and Cut on the Lines above to place in your Recipe box)

# Fly Specks - Rick Bell

## Barbs and Barbules

Most of the flies we tie have feathers as part of their construction. A knowledge of feather structure and a correct use of the terms describing their structure are probably important in communicating when describing the construction of any fly. I have heard friends erroneously use the words barb and barbule as though they are interchangeable. And what is worse, I have seen this error carried out in print by more than one author who ought to know better and whose editors should have caught the errors.

I was in the midst of writing an article on feathers for winging for Caddis Fly imitations when it occurred to me that something that may have been more important was to deal with this subject first. We all agree that the feather part originally attached to the bird can be called a stem although the official term used by ornithologists and zoologists in general is rachis. This is also coincidentally the word used by botanists for the central stalk of a fern leaf. It's a term that I've been familiar with ever since I launched my voyage to become a card carrying member of that fraternity, complete with the password and secret handshake. Stem is, nevertheless, perfectly alright. The rachis is one of the feather parts used for making quill bodies. Although the Quill Gordon uses a different part to form the body. The hollow part that formed below the skin of the bird is called a calamus. In the past a number of tiers tried to use it for a body in Green Drake spinner imitations. It is the raw material for writing quills.

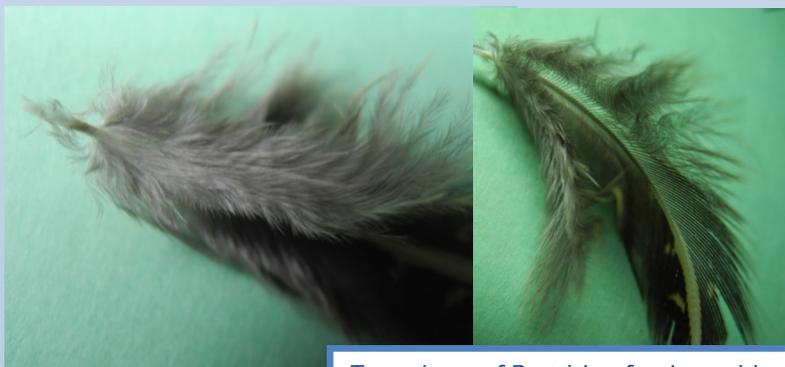
The next two terms are where some of us get into trouble. The first division from the rachis is the barb. We all have been taught that we should choose those very expensive hackles for dry flies that have little or no webbing. This is simply another way of saying that in the part of the feather that we are about to wind around a dry fly should consist only of a rachis and barbs. These are therefore feathers that have no barbules. Barbules are the next order of structure displayed by most feathers. Flight feathers, for example have barbs with an ornate system of hooklets on their barbules. These interlock to hold the barbs together and provide a rigid foil similar to an airplane wing. This is the property that tiers of married wing flies including many traditional wet flies and full dress salmon flies depend on. Many feathers display barbules that do not interlock

with hooklets. In fact, nearly all have at their base such barbs with this kind of barbule, even the finest of hackles, and virtually all contour feathers covering the bodies of birds. These function as insulation under the tops of these feathers. These are described as plumulose.

How about marabou? At one time these came from the Marabou stork, one of two species of African birds. Our so-called marabou now comes exclusively from white turkeys raised in the U.S. These are insulating aftershafts each of which is formed together from a single calamus with another contour feather whose barbules have hooklets that join together the barbs to produce a complete cover. Our strung marabou was collected here and sent to China in big bags where workers sorted the feathers for the various craft projects for which they are used. Some get sent back to the U.S. Aftershafts are also frequent on most upland game birds.

Another important feather is that associated with the preen gland. These CDC feathers collect the oily secretions from the uropygeal gland of many birds and are especially important in providing waterproofing birds that float on water. The application of these oils to essentially all the other feathers enables a duck or goose to avoid contact of its body with water. This results in a very slow loss of body heat and allows the bird to float higher in the water because it is completely surrounded by a layer of air. In effect when the bird is in the water it is living in a bubble. Preen gland feathers have all the expected parts but are all plumulose because they have no hooklets. They are waterproof as a result of structure, but it is a good idea to add waterproofing spray especially to those that have been dyed. It is very likely the natural CDC oils have not survived dying.

(Continued on page 7)



Two views of Partridge feather with aftershaft

# Welcoming our new Members & Renewals

**Lisa Brubaker – Myerstown, PA**

**Edwin Crowers – Reading, PA**

**Alexis Griffith – Wyomissing, PA**

**Shawn Krane – Kutztown, PA**

**Jay Locke – Lenhartsville, PA**

**Sarah McTish – Mohnton, PA**

**Jennifer Mongi – Kutztown, PA**

**Scott Robertson, reading, PA**

**Joel Rutt – Strausstown, PA**

**Ryan Shoemaker – Bernville, PA**

## Tully Talk Continued...

The reason I felt that this presentation would be of interest, was because of a pipeline leak last October at a compressor station in North Heidelberg Township, near the Tulpehocken Creek. Over 170,000,000 standard cubic feet of gas was released. This event was overshadowed in the news because Hurricane Sandy was passing thru the county at the same time. I actually didn't see anything in the local newspaper about this event until July 2013. Surprisingly our turnout was low for that meeting. So I'm asking everyone, if they have a subject for a presentation they would like us to have, we can look into it.

I would also like to remind everyone that there are a number of events/programs that our chapter offers if you would like to get more involved. Most don't require a significant time requirement. For example I do stream monitoring for TU Coldwater Conservation Corps to get baseline data on a local stream, Hay Creek. I do the monitoring alone and it only takes about 1 hour on the stream and then about 1 hour to compile the data and enter the data into a website. So it isn't a huge time commitment and it gets me outside.

Again, thank you for the opportunity to be the President of the Tulpehocken Chapter of Trout Unlimited.

Thanks,

**Bill Eggleston**

TCTU #150 President

## HELP PROTECT YOUR STREAMS!

Unfortunately not everyone respects the regulations and rules of our waterways. The Tully in particular has special harvest regulations along with bait restrictions that aim to protect and enhance this fishery, the effectiveness of which are directly correlated to how many fisherman abide these rules. If you witness poaching, pollution, or other problems on the stream, do not confront the violators. Please call the SE Region of PFBC non-emergency dispatch at (717)626-0228. Enter this number into your cell phone so you have it when you need it.

## Redner's Save-A-Tape

Redner's is committed to the communities that they are part of. They have committed to help out the non-profit organizations whose members shop in their stores.

### How it works:

Each member must stop at the store office or Customer Service Area to get a Save-a-Tape card. By using this card each time you Purchase merchandise at Redner's your receipt will be designated as a Save-a-tape customer receipt. Forward those tapes to support your Tulpehocken Chapter Trout Unlimited. The organization will receive 1% of the total of the total of all the Save-a-tape totals on the receipts. Proceeds from these funds will be used to help protect our streams, education and other conservation projects.

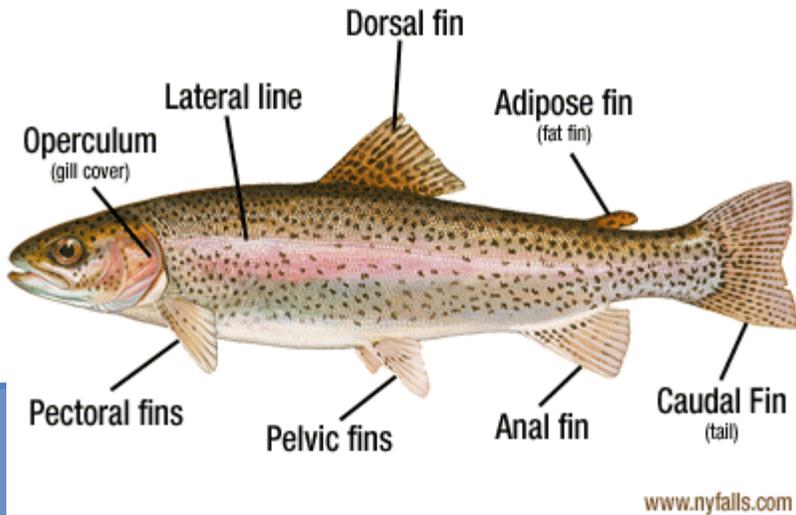
### An Example of how you can help:

Let's say 50 of our 300 plus members spend an average of \$75.99 per week in supermarket expenditures. If it was all spent on the save a tape program and submitted to us. The organization would receive \$1,950.00. There is no time limit and no limit. Please start saving tapes today and support the efforts of our chapter.

# Tulpehocken Creek Fingerling Project

TCO Fly Shop is bringing back an old tradition of the Tully. We are privately stocking fingerlings in the creek again, this year we will be putting 1,500 fingerling Rainbow trout in on the 14<sup>th</sup> of October. To help anglers differentiate from the adults put in, we will be clipping adipose fins on all fish before we release them. We ask if you catch any of the fingerlings, to please take a photo of them, if you have a way to measure them please do so while taking the picture. By doing this we are hoping to get enough data over the next few years to convince the state to start stocking them again.

-Jake Villwock



## Fall Issue Funnies

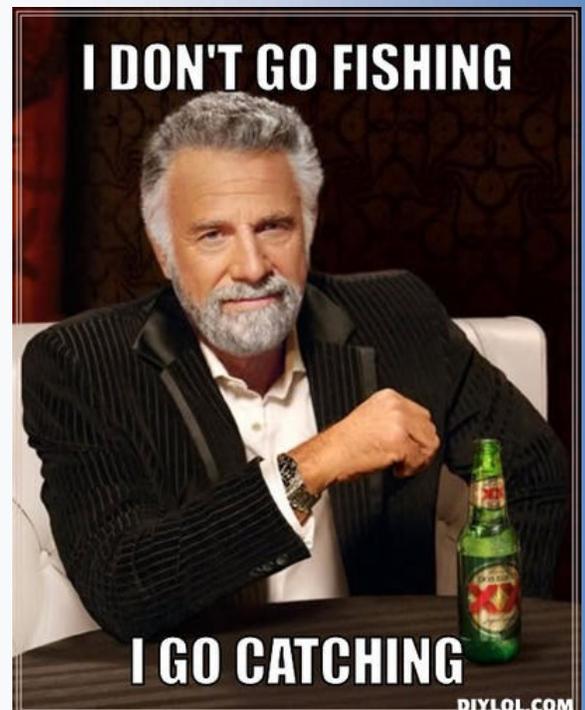
### Speeding Ticket

A cop pulls a guy over for speeding and the guy's defense was, "I was just going with the flow of traffic."

The Cop's response... "Ever go fishing?"

"Yeah...."

"Ever catch ALL the fish?"





We had our first meeting to plan the convention on Monday Oct 7th.

Clockwise-Bob Keay, Ron Weidner, Bill Eggelston, Jeff Schronce, Tom Ham, Jim Trout, Linda Parenti, and Dan Shaffer.

(Not Pictured -Pier Ignozzi Shaffer, Jake Villwock, & Rick Nyles.)

## 2014 Banquet!

The 2014 Tulpehocken Chapter Banquet will be held on Friday, March 21, 2014 at the Reading Country Club. The doors will open at 6:00 PM for a cash bar and hors d'oeuvres. Dinner will be a buffet that will include soup, salads, salmon, steak, chicken, mashed potatoes, mixed vegetables, and a desert table.

Our focus this year is on the many programs we offer to our youth. These programs include sending to kids to no less than 4 different camps, teaching kids to fish, and Trout in the Classroom. We have now sponsored six Trout in the Classroom programs ranging from 4th graders to seniors in high school. We are hopeful to raise sufficient money to sustain these programs and add two more Trout in the Classroom schools for 2014.

Of course there will be bucket raffles, silent auctions and other games of chance and prizes. So bring you appetites and your wallets to the Banquet. We plan on having lots of fun and raise some money for the kids and future stream projects.

Anyone interested in getting involved with the Banquet or wishes to donate an item for auction, please contact Dan Shaffer (610) 334-2615. We are always looking for new ideas and getting folks involved with the event. Your help and cooperation will be greatly appreciated. See you at the Banquet!

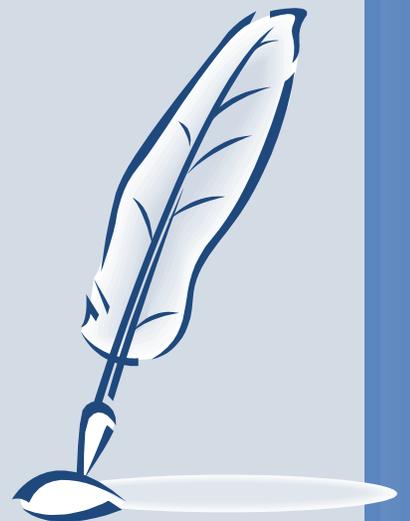
### Flyspecks con't

There are additional plumulose examples used in fly tying, an important one of which is an Ostrich plume. Another is There are additional plumulose examples used in fly tying, an important one of which is an Ostrich plume. Another is the tail feather of a Peacock. In that case the barbs are flat and are covered with iridescent barbules. Usually we use a barb or two to make a Royal Coachmen or its numerous variations. At other times the barbules are stripped from the barbs to construct the bodies of Quill Gordons and other so-called quilled bodied patterns.

Now I hope we are in a position to use the feathers as well and know the correct names for their parts. If you are curious about more details on the subject of feather structure, the Cornell Ornithology Lab. has a good website. Simply type **feather structure** into your search engine. While you're at it type in **feathers in amber** for evidence that some dinosaurs had feathers.

### LIKE FISHING & WRITING?

We are looking for enthusiastic writers and photographers to submit images and pieces for use in our monthly on-line newsletter to members. Because we will be accepting articles we must point out that the views in the TCTU On- Line newsletter do not reflect the views of TCTU but rather the views of



# Caught and Released



TU Member Chris Pinciotti landed this beautiful 19 inch Brown on the Tully!

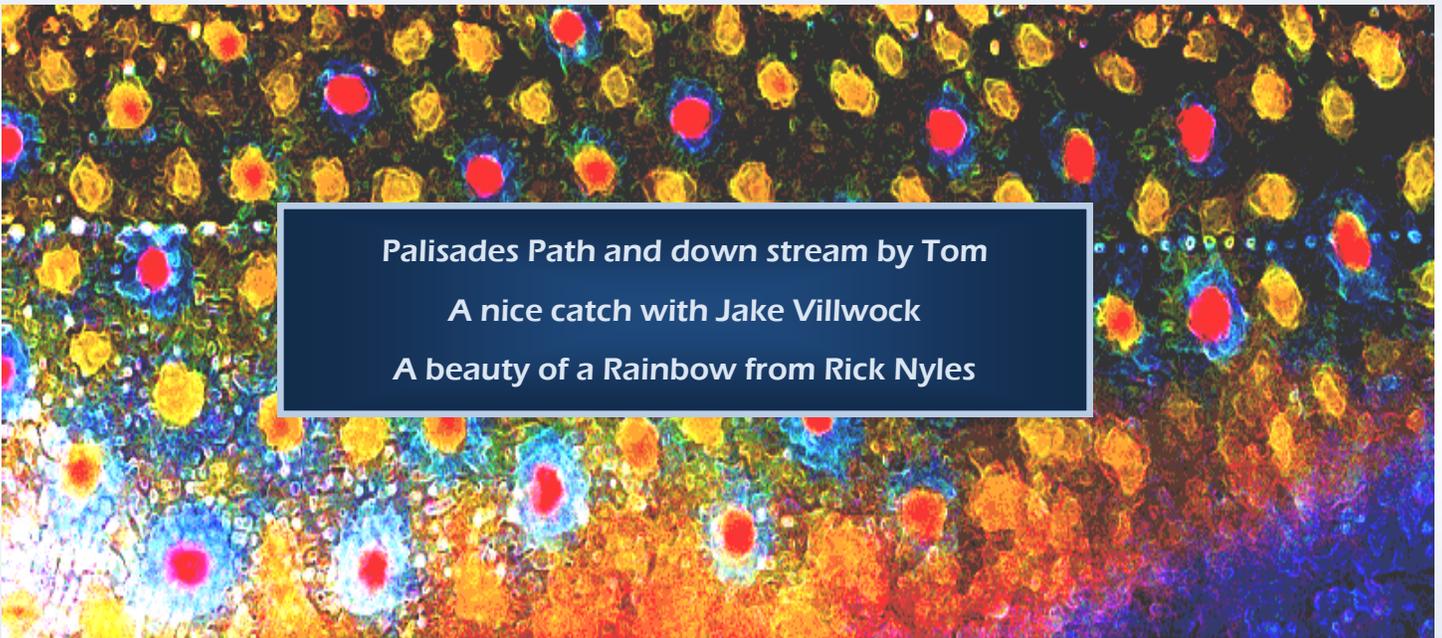
Nice Tiger Trout also landed by Chris!



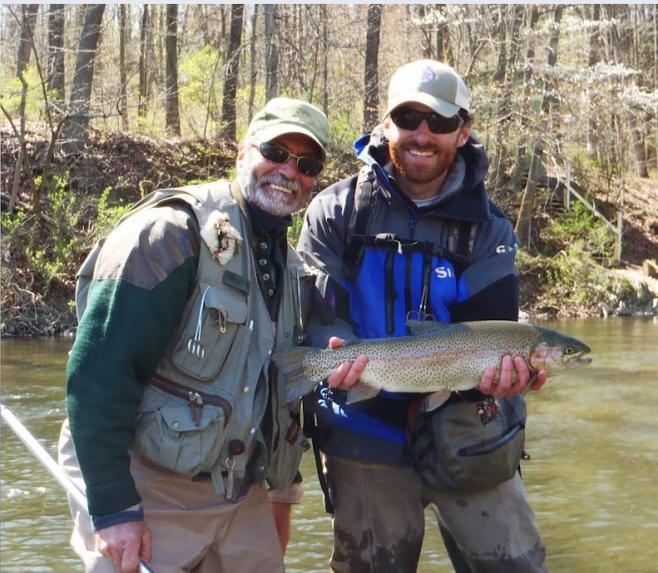
...hey, we love bugs too!

-Tom

# Stream Visions



Palisades Path and down stream by Tom  
A nice catch with Jake Villwock  
A beauty of a Rainbow from Rick Nyles



# From the Editor

-By Thomas Ham

## Hello TU community!

At the time of writing this we are getting slammed with a much needed day or two of rain. The water until now has been very low and clear on the Tully...but cool. The fish are playing ball if you don't get busted. Hopefully you've been able to get out.

We've enjoyed meeting some of you at our breakfasts, and look forward to meeting many more at future events. On that note we have already begun planning our convention in March. This years convention was such a great experience and we are very excited to see what next years brings! If you would like to help, and we could always use it, please reach out to us.

One recurring theme in our conversations is getting younger people involved. This is critical, not only to our sport, but to conservation in general.

As a parent I've recently discovered the joys of exposing your children to what you enjoy doing. Seeing the positive reaction from the simple act of catching a fish is exciting for me, and to think, it all goes back to when my dad first took me fishing as a child. Like all meaningful things, it tends to be built upon tradition.

So find a way to get new people involved, children and adults alike...the more stewards that exist, the better off we'll all be!



...this is why Sunday mornings exist!

I hope you enjoyed Bill's recap of our progress this past year, we hope very much to double our accomplishments in 2014. There is a lot of opportunities to get involved in chapter projects. One thing I love about being a part of this national organization is to see all the wonderful things TU accomplishes nation wide. Another is that it also serves as a conduit to impose a positive effect on your LOCAL environment as well!

*Remember, the greatest impact of conservation is not only in the doing, but in teaching future generations to continue the effort!*

-Tom



## Tulpehocken Chapter - Trout Unlimited, Inc.

*To Conserve, Protect, and Enhance the Quality and Quantity of the Cold Water Resources of Berks County, Pennsylvania*



Photo ©Steve Fabian